

## How we should live with AI

There are various types of AI, such as generative AI and conversational AI. Using these technologies comes with advantages and, of course, drawbacks. We are all familiar with the benefits of using AI through smartphones, while drawbacks, such as copyright issues, have also made headlines. I want to discuss how AI integration affects human abilities and explore the intriguing aspects of coexisting with AI, while also reflecting on the future with AI.

AI entities like Siri on smartphones, trending GPT-powered chatbots, and Alexa are commonplace. In my household, we've been using a smart speaker called Google Home for about four years. It can play music, set timers, and deliver news updates. Some might believe in fully relying on AI, while there are challenges for the elderly or less tech-savvy individuals. Additionally, there are opinions that AI is "scary." However, since middle school, I've been listening to the news every morning through Google Home. This sparked my interest in social scientists, driving me to independently research current affairs. Even in high school, I continue to listen to news during breakfast and search into topics during my commute.

A smart speakers' voice-operated nature also makes them accessible for older generations. For instance, my 80-year-old grandfather adeptly manages Alexa, finding it convenient as he can use it without straining his eyes and while multitasking.

Fear of AI is natural. Concerns about job displacement or AI rebelling against humanity are valid. I felt similarly apprehensive when Google Home arrived in our household during my first year of middle school. Initially, even saying "OK, Google" felt intimidating. However, as I learned about its utility in playing music, performing calculations, and providing news updates, my fear gradually dissipated. It became as normal as using regular household appliances.

For me, AI, particularly Google Home, played a crucial role during COVID-19 lockdowns. It provided comfort by playing music and delivering news updates. After over five years of usage, I've observed quirks where AI sometimes struggles with commands, akin to the aging of a human, which I find amusing.

Observing many YouTubers creating videos involving AI, AI can be used for entertainment and trivial matters. It's preferable to explore such uses before considering serious applications, as AI can enhance enjoyment. It's a tool meant to be used for fun.

Becoming entirely reliant on AI for answers and assistance might diminish the need for human presence. It's essential to remember that AI should serve as a tool supporting human thinking and actions. I believe that if humans utilize AI correctly as a tool, it can bring about changes for humanity on par with the impact of inventions like gunpowder, the compass, the printing press, and even the internet.

AIは人間にとって便利なツールなのか職を奪う脅威なのか日常的にAIを使用している自分の視点から述べました。

たくさんの応募の中から入選という結果を自分が頂けたことに驚きました。

作文の添削やアドバイスを頂いた英語科の先生方には感謝の気持ちでいっぱいです。英作文を書く事はハードルが高いように感じますが高校生レベルの英語でもしっかりと調べれば十分に書く事ができ、色々な人にチャレンジして欲しいと思います。

